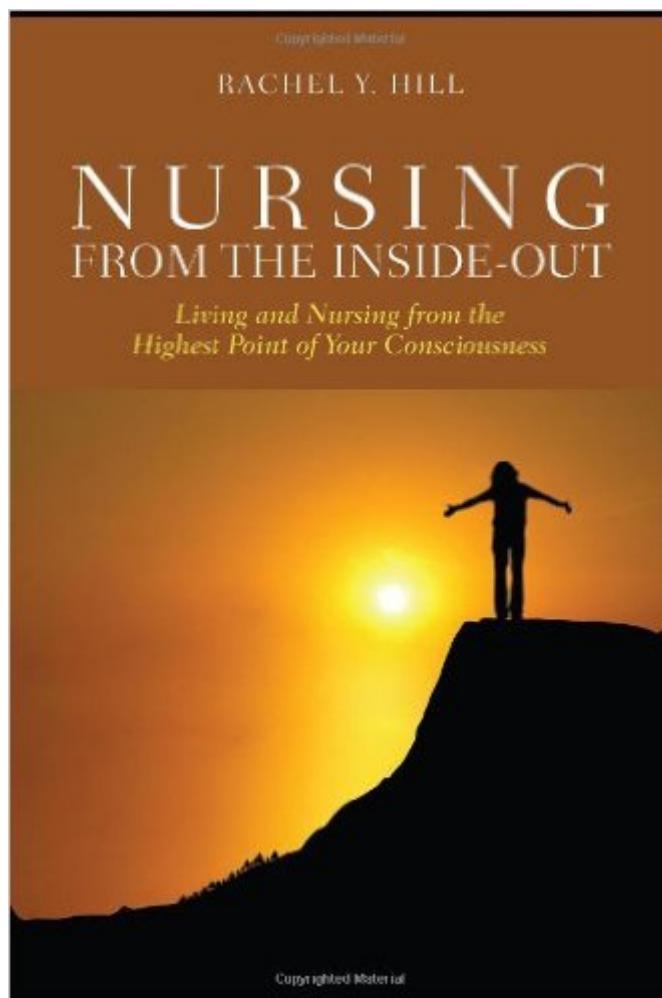


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# Nursing From The Inside-Out: Living And Nursing From The Highest Point Of Your Consciousness



## **Synopsis**

Nursing from the Inside-Out: Living and Nursing from the Highest Point of Your Consciousness provides holistic self-care modalities that allow the nursing professional to achieve self-awareness through individual practice and application. Self-care consciousness helps nurses create the balance in their lives that support mental, spiritual, and physical growth. Through use of these tools, the nurse is able to maintain inner balance in the busy and changing world of healthcare, while simultaneously establishing meaningful connections with patients.

## **Book Information**

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## **Customer Reviews**

An excellent source of information on alternative therapies...the author has certainly educated herself extensively on them all. However, I have a huge problem with paying almost 50 bucks for a book that is so poorly edited. Typos galore, and perhaps the most grievous error is a major portion of the chapter on herbalism talking about "Susan Weed"...even mentioning her website as "Susanweed.com"...it is SusUn Weed. This kind of error makes me wonder what ELSE is wrong with this book. Disappointing.

Excellent book about taking care of ourselves as nurses underpinned by the core values of the American Holistic Nurses Association. Thank you Rachel Hill!

Very good! Very enjoyable self-help book for nursing. It can help you set up a plan for a home self

-help regimen.

Great

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